



RAMAIAH

**ADVANCED
LEARNING CENTER**

Ramaiah Post Graduate Foundation Skills in Orthopaedic Surgery

November 1st & 2nd, 2025

**Surgical approaches to upper
and lower limb – Cadaver Training**

Venue : Ramaiah Advanced Learning Center



**under the aegis
BOS (Bangalore Orthopaedic Society) &
KOA (Karnataka Orthopaedic Society)**

Dear friends,

No Surgeon is born great. They have achieved it by sheer hard work. The Art, Craft & Science of making a young budding post graduate into a good surgeon is a journey which involves hard work and plenty of effort. The training is to make them understand nuances of surgery and teach them some basic skill. It is to make them learn & sometimes unlearn certain important steps that will lead them with practice to perfection. The road towards the goal is long, no big jumps but small steps toward achieving the ultimate goal. Our is a small effort to handhold the post graduates in their journey to become master surgeon of the future.

We welcome the future surgeons to the two-day cadaveric course on orthopedic exposures. This course is aimed at providing the best experience in surgical exposures for all traumas. The course is mainly aimed for post graduates to learn and practice routinely used exposure layer by layer and pick up small skills under the watchful eyes of experienced surgeons.

A good surgeon is known by his how well he operates and not how he operates. The distinction between average surgeons to a good surgeon is to develop this skill. We plan to have a short session on good practices in OR and some of the Do's and Don'ts.

There will be only limited seats for this course. We promise to make your learning memorable and we are sure you will find this experience, one of the most useful one in your future practice.

Dr Darshan Kumar A Jain

Course Director

Consultant Hand & Upper Limb Surgeon

Sapiens Clinic, Bangalore

Day 1 (1-11-2025, Saturday) - Upper Limb

09:00 - 09:15 am Registration

09:15 - 09:30 am Inauguration

Session 1

Topic

- Deltopectoral approach to humerus
- Anterolateral approach to humerus
- Posterior approach to humerus
- Posterior approach to elbow
- Discussion

TEA BREAK

- Hands on cadaveric dissection

LUNCH BREAK

- Volar approach to distal radius
- Volar approach to Forearm
- Volar approach to scaphoid
- Dorsal approach to wrist
- Dorsal approach to distal radius
- Good practices in OR
- Discussion
- Hands on cadaveric dissection

Day 2 (2-11-2025, Sunday) – Lower limb

- Posterior approach to hip / KL approach
- Lateral approach
- Smith Petersen approach
- Lateral approach to distal femur
- Anterolateral approach to proximal tibia
- Medial approach to proximal tibia
- Discussion

Tea break

- Hands on cadaveric dissection

Lunch break

- Fasciotomy for lower limb
- Anterolateral approach to ankle
- Anteromedial approach to ankle
- Extensile lateral approach to calcaneum
- Lisfranc's Dorsal approach
- Discussion
- Hands on cadaveric dissection

Course Director

Dr Darshan Kumar A Jain

Consultant Hand & Upper Limb Surgeon,
Sapiens Clinic, Bangalore

Faculty :

Dr Hiranaya Kumar S

(Prof & Head Vydehi Institute of Medical Sciences)

Dr Sandeep reddy

(Prof M S Ramaiah Medical College)

Dr Shishir Suranigi Murugharaj

(Professor, Subbaiah Institute of Medical Sciences)

Dr Shekar Mudramaiah

(Associate Prof Sanjay Gandhi Institute of Trauma & Orthopaedics)

Dr Sandesh Manohar

(Prof St John's Medical College)

Dr Kishan Rao

(Consultant Hand Surgeon, Bhagwan Mahaveer Jain Hospital)

Dr Madhukesh Rudramurthy

(Associate Professor JSS Medical College)

Dr Saraswati Viswanathan

(Consultant Pediatric Orthopaedician, BGS Gleneagles)

Dr Harshisth Bhaskar Shetty

(Consultant Hand Surgeon)

Office Bearers

KOA

Dr Anil Patil

President KOA

Dr Harish Murthy

Secretary General, BOS

BOS

Dr Subodh Shetty

President KOA

Dr Shashank Reddy

Secretary General, BOS

Course intake 30 (3 per limb)

Course fee: (No spot registrations)

For post graduates : Rs 6500 till 1/10/2025
Rs 7500 from 1/10/2025
Letter from the HOD is mandatory for Post graduates

For consultants : Rs 10000 before 1/10/2025
Rs 12,000 from 1/10/2025

Bank details:

Cheque / DD drawn in favour of
"MSRUAS - M.S.Ramaiah Advanced Learning Center"
MSRALC Account No - 914010033412174
MICR Code - 560211017 | NEFT/ IFSC Code - UTIB0000559
AXIS BANK

Contact details :

Secretary to Chief, RALC
080 2218 2819 | info@msralc.org | web: www.msralc.org

Dr Darshan Kumar A. Jain
Consultant Hand & Upper Limb Surgeon
Sapiens Clinic, Bangalore

+91 9844994342 | jaindarshan81@gmail.com

Venue : Ramaiah Advanced Learning Center
New BEL Road, MSRIT Post, Bangalore 560 054.

Accommodation Details

Corporate Park Inn
#117/5, Jaladarshini Layout,
Near M S Ramaiah Memorial Hospital
Gate No.5, New BEL Road, Bangalore-54
7795260999, 080-41230426

Lifestyle Hospitality
Service Apartment
9482416263

The Sanctum Suites
Service Apartments
080 23511282, 990 183 1111

The Green Tree
S.L. Radhakrishna Raja
Chief Executive
44 - 1st Main Road, Mathikere,
Yeshwanthpur, Bangalore - 560 054
9880957095, 80 - 41516191 / 92 / 93
booking@hotelgreentrees.com

Hotel Krishinton
993, M S Ramaiah Main Road,
Near IISc D- Gate, Mathikere,
Bangalore - 560054. Karnataka India
+91 080 4259 5959
reservations@krishinton.com



RAMAIAH

ADVANCED LEARNING CENTER

Ramaiah Post Graduate Foundation Skills in Orthopaedic Surgery

November 1st & 2nd, 2025

Registration Form

Name				
Designation				
Reg. No.				
State of Registration				
Address				
Institution				
City		Pin code		
Address for correspondence				
Country				
Phone no.	Office	Country code	City code	Phone no.
	Mobile	Country code	Mobile no.	
E mail ID	1			
	2			

I am herewith enclosing Demand Draft/ Cheque no. dated

drawn on Bank, for Rs.

(in words.....).

Date

Signature.....