

## Knee Arthroscopy - Basic & ACL Cadaveric Hands-on Workshop

Date: Jan 24th, 2014

Time : 1 pm to 5 pm

Date : Jan 25th, 2014

Time: 8.30 AM to 5 PM

Venue:

M S Ramaiah Advanced Learning Centre,  
Gate 4, Gnanagangothri Campus, MSR Nagar,  
Bangalore - 560054

Registration Fees:

Basic Knee :

Rs 10,000 for professionals

Rs 8000 for post graduates

(please enclose a letter from HOD)

ACL :

Rs 15,000 for professionals

(Essential to have completed Basic Arthroscopy course)

Cheque/DD drawn in favour of

“M.S.Ramaiah Advanced Learning Center”

MSRALC Account No - 141200301000146

Swift Code - VIJBINBBFXB

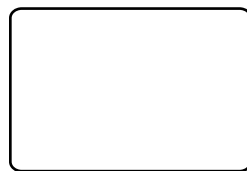
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Secretary to President, MSRALC

Phone : 080 2218 2819 / e-mail : info@msralc.org

www.msralc.org



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## M S Ramaiah Advanced Learning Center

Dept. of Orthopaedics  
M S Ramaiah Medical College  
& Hospitals

# Knee Arthroscopy Basic & ACL Cadaveric Hands-on Workshop

Jan 24 & 25, 2014

Supported by :

Karl Storz | Stryker | Smith & Nephew

## M S R Advanced Learning Centre

M S R Advanced Learning Centre is a one of its kind Cadaver Surgery training center dedicated to provide quality training in all surgical specialties.

Facilities are available for open surgery as well as all types of minimally invasive surgeries.

Arthroscopy is a useful tool in the armamentarium of an Orthopedic surgeon which has a steep learning curve. Learning this useful procedure on a cadaver simulating the live patient is an experience in itself.

The objective of this Cadaveric Knee arthroscopy workshop is :

- To hone the motors skills of young surgeons and orthopedic residents & to familiarize them with basic arthroscopy set up.
- To train young surgeons to do Arthroscopic ACL reconstruction in a classical way
- To enjoy a hands on experience in Arthroscopy of the knee joint.

Dr. D. C. Sundaresh  
President  
M S R A L C



## Program at a glance

### Basic Knee

- Basic arthroscopy set up and instruments
- Ligamentous instability - assesment
- Arthroscopic portals
- Arthroscopic Menisectomy & loose body removal

### ACL

- Anatomy and Biomechanics of ACL
- ACL Reconstruction –Classical way
- ACL Reconstruction –Antero medial portal versus transtibial portal- “Advantages and disadvantages
- Post- op rehabilitation in ACL reconstruction traditional versus accelerated approaches- Pros and cons
- Current concepts in management of cartilage defects

Hands on Cadaver Workshop  
“ Live Surgery Session –if time permits”

### Faculty:

Dr D C Sundaresh

Dr Hemant Kalyan

Dr Anil B Patil

Dr Banarji B H

**Course intake : 24**  
**Only 3 delegates per station**

Under the aegis of Bangalore Orthopedic  
society &  
Karnataka Orthopedic Association

## Registration form

Name:

State Reg. No.:

State of Reg.:

Designation:

Institute:

Address:

Phone no:

E mail :

