

BASIC ARTHROSCOPY CADAVER SKILLS COURSE

17 AUGUST 2013

1:30 PM – 2:00 PM – Introduction and allotment of batches

2:00 PM – 2:30 PM – CLINICAL EXAMINATION OF KNEE
.UNDERSTANDING ALL TESTS AND DOING THEM ON VOLUNTEERS
- Dr Banerjee

2:30 – 3:00 PM - READING KNEE MRI - Radiologist

3:00 - 3:30 PM – – KNEE ARTHROSCOPY INSTRUMENTATION-
CARE STERILISATION AND HANDLING –Dr Mohan Kumar

3:30 – 3:50 PM – DIAGNOSTIC KNEE ARTHROSCOPY ROUND –
UNDERSTANDING STRUCTURES AND PORTALS OF APPROACH - Dr
shekhar srivastava

3: 50 – 4:10 PM -TEA

4.20 – 5.40 pm HANDS ON WORKSHOP ON KNEE ARTHROSCOPY
MODELS WITH INSTRUMENTS – TRIANGULATION EXERCISES

5:40 – 6:00 PM – ARTHROSCOPIC SYNOVECTOMY AND LOOSE
BODY REMOVAL -
Dr Sundaresh

6:00 – 6.20 PM – ARTHROSCOPIC MENISCUS SURGERY - Dr IPS
Oberoi

6.20 – 6 .40 PM – PROBLEMS DURING ARTHROSCOPY – Dr Kalpesh

6.40- 7.00 – DISCUSSION – OPEN FORUM ON INDICATIONS OF
ARTHROSCOPY , TIMING OF ARTHROSCOPY , COMPLICATIONS AND
HOW BE PREPARED TO DEAL

18 August 2013

9:00 AM -12:00 PM - CADAVERIC HANDS ON –

SURFACE MARKING
ESTABLISHING KNEE PORTALS
TRIANGULATION EXERCISE
DIAGNOSTIC KNEE ARTHROSCOPY ROUND
PROBING
UNDERSTANDING KNEE PATHOLOGIES

12.00- 12.30 TEA BREAK

12:30 – 2:30 PM – CADAVERIC HANDS ON –

LEARNING ARTHROSCOPIC SYNOVECTOMY ,
DOING ARTHROSCOPIC LOOSE BODY REMOVAL
UNDERSTANDING TYPES OF MENISCUS TEAR AND PLANNING
STRATEGIES
LEARNING TRICKS OF MENISCUS SURGERY .

DELEGATES DO ALL THESE PROCEDURES UNDER SUPERVISION OF
INSTRUCTORS IN SMALL GROUPS

2:30- 3:00 - LUNCH

**3:00- 3:30 PM – TRAINING FACILITIES, INTRACTION &
CERTIFICATES**

