



BASIC ARTHROSCOPY CADAVER SKILLS COURSE

20 APRIL 2013, Saturday

1:30 PM – 2:00 PM – Introduction and allotment of batches

2:00 PM – 2:30 PM – CLINICAL EXAMINATION OF KNEE .UNDERSTANDING ALL TESTS AND DOING THEM ON VOLANTEERS Dr Banerjee

2:30 – 3:00 PM - READING A KNEE MRI - radiologist

3:00 - 3:30 PM – – KNEE ARTHROSCOPY INSTRUMENTATION- CARE STERILISATION AND HANDLING –Dr sundresh

3:30 – 3:50 PM – DIAGNOSTIC KNEE ARTHROSCOPY ROUND – UNDERSTANDING STRUCTURES AND PORTALS OF APPROACH -Dr IPS Oberoi

3: 50 – 4:10 PM –TEA

4.20 – 5.40 pm HANDS ON WORKSHOP ON KNEE ARTHROSCOPY MODELS WITH INSTRUMENTS – TRIANGULATION EXERSISES

5:40 – 6:00 PM – ARTHROSCOPIC SYNOVECTOMY AND LOOSE BODY REMOVAL – Dr banerjee

6:00 – 6.20 PM – ARTHROSCOPIC MENISCUS SURGERY Dr –anant Joshi

6.20 – 6 .40 PM – PROBLEMS DURING ARTHROSCOPY –Dr sundresh

6.40- 7.00 – DICUSSION – OPEN FORUM ON INDICATIONS OF ARTHROSCOPY , TIMING OF ARTHROSCOPY , COMPLICATIONS AND HOW BE PREPARED TO DEAL WITH

7:30 PM ONWARDS- DINNER – MEET EXPERTS IN INFORMAL CHAT

21 APRIL 2013, Sunday

9:00 AM -12:00 PM - CADAVERIC HANDS ON –

SURFACE MARKING
ESTABLISHING KNEE PORTALS
TRIANGULATION EXERCISE
DIAGNOSTIC KNEE ARTHROSCOPY ROUND
PROBING
UNDERSTANDING KNEE PATHOLOGIES

12.00- 12.30 TEA BREAK

12:30 – 2:30 PM – CADAVERIC HANDS ON –

LEARNING ARTHROSCOPIC SYNOVECTOMY ,
DOING ARTHROSCOPIC LOOSE BODY REMOVAL
UNDERSTANDING TYPES OF MENISCUS TEAR AND PLANNING STRATEGIES
LEARNING TRICKS OF MENISCUS SURGERY .

DELEGATES DO ALL THESE PROCEDURES UNDER SUPERVISION OF INSTRUCTORS
IN SMALL GROUPS

2:30- 3:00 - LUNCH

3:00- 3:30 PM – TRAINING FACILITIES, INTRACTION & CERTIFICATES