



14th December 2013

Shoulder Arthroscopy Cadaver Course

1:30 PM – 2:00 PM – lunch, Introduction and allotment of batches

2:00 PM – 2:30 PM – Clinical examination of shoulder. Understanding all tests and doing them on volunteers--- Dr Banarji BH

2:30 – 3:00 PM – Basics of shoulder arthroscopy – Indications , positioning ,Instruments , anaesthesia - Dr Ips OBEROI

3:00 - 3:20 PM – READING SHOULDER MRI – Radiologist---

3: 20 – 3:40 PM – Arthroscopic shoulder Instability management----- Dr Banarji BH

3.40- 4.00 pm – TEA.

4.00 – 4.15 pm - Arthroscopy in stiff shoulder and Subacromial Decompression - Dr Ips OBEROI

4:15 – 4.30 PM – Arthroscopic Rotater Cuff Repair - Dr Ips OBEROI

4.30- 6:00 PM – Arthroscopic Hands on triangulation of shoulder Arthroscopy Workshop

Knot Tying Workshop

Arthroscopic suture management and anchor placement

Shoulder

Day 2 : 15 December 2013

9.00 - 9.15 am

Allotment of cadaver badge and table

Change into theatre dress

Hands out of flow chart of how cadaver training will progress

9.15- 9.45-

Demonstration of positioning

Connecting optical attachment

White balancing

Focus and zoom

Demonstration of surface marking

Making of portals - posterior and anterior

Diagnostic shoulder arthroscopy round

Probing of structures

9.45-10.45

Delegates do all the above steps themselves

10.45-11.15

Demonstration of bankart repair

Demonstration of SLAP tear

Use of coblation for shoulder pathologies

11.15-12.15

Delegates do all the above steps themselves

12.15-12.45

Demonstration of rotator cuff repair- cuff mobilization , suture passage anchor placement and margin convergence

12.45-1.45

Delegates do all the above steps themselves

1.45-2.30 pm

Lunch

2.30-3.30

Open house

Timing of arthroscopy in acute dislocation

Problems during arthroscopy

Complications of arthroscopy

Frozen shoulder and arthroscopy

Questions from delegates

3.30pm - certificate , feedback and future training programs