



Foot and Ankle Cadaver Course

Conducted by Indian Foot and Ankle Society (IFAS)

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Department of Orthopedics , MSRMC.

Venue : M S Ramaiah Advanced Learning Centre, Bangalore

Date : Sunday, 14th February, 2016

PROGRAMME

7:30 am Registration

8:00 am Introduction

Session 1

Anterior Ankle Exposures

8:15 am Anterolateral exposure: Indications, tips and tricks/video

8:25 am Anteromedial exposure: Indications, tips and tricks/video

8:35 am Direct anterior exposure

8:40 am **Discussion**

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ACCREDITED
COURSE

Session 2:

Lateral Ankle instability

- 8:50 am Ankle Instability: Lateral ligament (Anterior Talofibular) reconstruction: Brostrom procedure/video.
- 9:00 am **Discussion**

Session 3

First ray surgeries

- 9:10 am First MTP exposure and fusion/fixation with anatomic plate
- 9:20 am Hallux Valgus: Distal soft tissue procedure (DSTP)/Medial plication and lateral release
- 9:25 am Hallux Valgus: Medial open wedge osteotomy first metatarsal
- 9:30 am Hallux Valgus: Scarf osteotomy video
- 9:40 am **Discussion**
- 9:50 am **TEA BREAK**

10:05 am Hands on Cadaver

Group 1 Anterior Ankle exposures and Lateral ligament reconstruction (Brostrom)

Group 2 First ray surgeries: MTP fusion/fixation, DSTP, metatarsal osteotomies

11:45 am

Group 1 First ray surgeries: MTP fusion/fixation, DSTP, metatarsal osteotomies

Group 2 Anterior ankle exposures and Lateral ligament reconstruction (Brostrom)

LUNCH

1:15 pm - 2:00 pm

Session 4

Calcaneal and Subtalar exposures

- 2:00 pm Extended Lateral approach and Calcaneal fracture ORIF/video
- 2:10 pm Subtalar exposure and fusion: Indications and technique/video
- 2:20 pm **Discussion**

Session 5

Lisfranc exposure and fusion

- 2:25 pm Lisfranc joints: First and second TMT joints exposure and fusion/fixation with plate
- 2:35 pm **Discussion**

Session 6

Posterior Ankle

- 2:40 pm Posterolateral approach: posterior malleolus and fibula exposure
- 2:45 pm Posterior midline: when and how/video of FHL transfer to Calcaneal tuberosity

- 2:55 pm **Discussion**

3:00 pm Hands on Cadaver

- Group 1 Extended Calcaneal and Subtalar exposures
- Group 2 Lisfranc joints: First and second TMT exposure and fixation with anatomic plates

3:45 pm

- Group 1 Lisfranc joints: First and second TMT exposure and fixation with anatomic plates
- Group 2 Extended Calcaneal and Subtalar exposures

Group 1 and 2: Posterior approaches

- 5:15 pm **Discussion and close**

Faculty



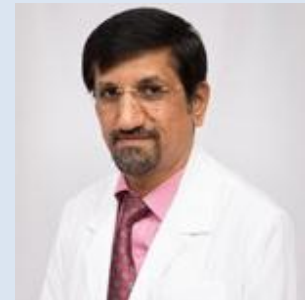
Course Chairman
Dr Balvinder Rana, New Delhi,
President Indian Foot and Ankle Society



Dr Sampat Dumbre Patil, Pune,
Secretary Indian Foot and Ankle Society



Dr Pradeep Moonot, Mumbai



Dr Ajoy S M, Bangalore



Dr Amit Bhargava, New Delhi



Dr Suresh Kumar M S, Bangalore

REGISTRATION:

30 slots only!!!!

Course fee: Rs 7000 /delegate

Contact :

**Secretary to President ,
Gate # 4,University House,
Gnanagangothri Campus,
New BEL Road, M.S. R Nagar,
Bangalore-560054
080-2218 2819/080-4536 6666 (651)
info@msralc.org
website : www.msralc.org**

Cheque /DD/E-transfer to,

Bank details :

- **Account Name: MSRUAS-M.S.Ramaiah Advance Learning Centre**
- **Account No – 9140 1003 3412 174**
- **Bank: Axis Bank,**
- **Address of Bank: AXIS BANK, Branch : Rajajinagar, Bangalore-560010.**
- **IFSC Code: UTIB 0000559**
- **MICR Code: 560211017**

For any queries please contact:

Dr Balvinder, President IFAS at 9873020484 or mail at anklefootsurgery@gmail.com

Dr Sampat, Secretary IFAS at 9822339892 or mail at sampatdumbre@gmail.com

Dr Ajoy, Bangalore 9663394216 or mail at drajoy@gmail.com

REGISTRATION FORM

TO BE FILLED IN BOLD LETTERS

Name: _____

Medical council number: _____

State of registration: _____

Residence address: _____

E-mail id: _____

Contact #: _____

Qualification: _____

Designation: _____

Course name: Foot and Ankle Cadaver Course

Registration fee paid: ₹ _____

Mode of payment and date: DD / Chq / Online

* Please stress the reference or transaction number in case of online/bank transfer to facilitate quick identification

Completed application forms to be mailed to: info@msralc.org